



MONDAY

26/04/21, 17/05/21, 07/06/21, 28/06/21,
19/07/21, 06/09/21, 27/09/21, 18/10/21

TUESDAY

27/04/21, 18/05/21, 08/06/21, 29/06/21,
20/07/21, 07/09/21, 28/09/21, 19/10/21

WEDNESDAY

28/04/21, 19/05/21, 09/06/21, 30/06/21,
21/07/21, 08/09/21, 29/09/21, 29/09/21

THURSDAY

29/04/21, 20/05/21, 10/06/21, 01/07/21,
22/07/21, 09/09/21, 30/09/21, 21/10/21

FRIDAY

30/04/21, 21/05/21, 11/06/21, 02/07/21,
23/07/21, 10/09/21, 01/10/21, 22/10/21

MONDAY

SPICY PESTO
MEATBALLS WITH
PENNE PASTA
(WG)

TUESDAY

SLOW COOKED BEEF
MASALA CURRY WITH
YELLOW RICE
(WG)

WEDNESDAY

ROAST OF THE DAY
WITH ROAST POTATOES
& GRAVY

THURSDAY

BEEF BURGER IN A BUN
WITH POTATO WEDGES
& TOMATO KETCHUP

FRIDAY

BATTERED COD FILLET
WITH CHIPS, LEMON &
TARTARE SAUCE

MAIN
MEAL

CHOICE
ONE

MAIN
MEAL

CHOICE
TWO

CHICKPEA & PINEAPPLE
RAITA WRAP
(V)

MARGHERITA MAC &
CHEESE (V)
WITH A HUNK OF
HOMEMADE BREAD (WG)

MIXED BEAN
RATATOUILLE WITH
ROAST POTATOES
(VE)

SWEET CHILLI QUORN
NOODLES
(V)

VIETNAMESE VEGETABLE
BANH MI BAGUETTE
WITH CHIPS
(VE) (WG)

VEGGIES
& SIDES



MIXED SALAD
BROCCOLI

ROASTED COURGETTES
SPICED CAULIFLOWER

MEDLEY OF VEGETABLES
MIXED SALAD

SWEETCORN & PEPPERS
BBQ BEANS

BAKED BEANS,
GARDEN PEAS

DELICIOUS
DESSERTS



MARBLED SPONGE
WITH CUSTARD
(V)

APPLE FLAPJACK
(VE)

FRUIT COCKTAIL &
VANILLA ICE CREAM
(V)

JAMAICAN STYLE
GINGER CAKE
WITH CUSTARD
(V)

CHEESE & BISCUITS
(V)

V - VEGETARIAN VE - VEGAN WG - WHOLEGRAINS

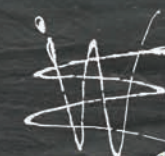
HAVE YOU TRIED
OUR NEW DELI RANGE
SANDWICHES?

LOOK OUT FOR OUR
DELICIOUS HAND HELD
SNACKS AT BREAK TIME

TRY OUR HOME
MADE SOUP WITH
FRESHLY MADE BREAD

WHY NOT TRY OUR
SUPERB PASTA POTS
WITH A RANGE OF
DELICIOUS TOPPINGS?

EXCITING COLD
DESSERT FOUND IN THE
GRAB & GO FRIDGES



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a recipe for success

WEEK THREE

MONDAY

03/05/21, 24/05/21, 14/06/21, 05/07/21,
26/07/21, 13/09/21, 04/10/21, 25/10/21

TUESDAY

04/05/21, 25/05/21, 15/06/21, 06/07/21,
27/07/21, 14/09/21, 05/10/21, 26/10/21

WEDNESDAY

05/05/21, 26/05/21, 16/06/21, 07/07/21,
28/07/21, 15/09/21, 06/10/21, 27/10/21

THURSDAY

06/05/21, 27/05/21, 17/06/21, 08/07/21,
29/07/21, 16/09/21, 07/10/21, 28/10/21

FRIDAY

07/05/21, 28/05/21, 18/06/21, 09/07/21,
30/07/21, 17/09/21, 08/10/21, 29/10/21

MONDAY

JERK CHICKEN
BONELESS THIGH WITH
SPICY RICE
(WG)

TUESDAY

BRITISH BEEF LASAGNE
WITH GARLIC BREAD

WEDNESDAY

ROAST OF THE DAY
WITH ROAST POTATOES
& GRAVY

THURSDAY

SWEET & SOUR TURKEY
WITH EGG FRIED RICE
(WG)

FRIDAY

BUBBLE CRUMB FISH
WITH CHIPS, LEMON &
TARTARE SAUCE

MAIN
MEAL

CHOICE
ONE

MAIN
MEAL

CHOICE
TWO

CHILLI NON CARNE WITH
SPICY RICE
(VE) (WG)

FALAFEL, BEETROOT &
MINTED YOGHURT WRAP
WITH HERBED POTATOES
(V)

VEGETABLE KEEMA
CURRY WITH RICE
(VE) (WG)

TOMATO & TORN BASIL
PENNE PASTA BAKE
WITH FRESH BREAD
(VE) (WG)

VEGGIE CHEESEBURGER
WITH CHIPS
(V)

VEGGIES
& SIDES



PEAS & SWEETCORN
CAULIFLOWER

ITALIAN SALAD
GREEN BEANS

SUPER GREENS

SWEETCORN & PEPPERS
BROCCOLI

BAKED BEANS,
GARDEN PEAS

DELICIOUS
DESSERTS



TOFFEE APPLE
CRUMBLE (WG) (VE)
WITH CUSTARD (V)

LEMON DRIZZLE CAKE
(V)

CHEESE & BISCUITS
(V)

STICKY TOFFEE
PUDDING WITH
BUTTERSCOTCH
SAUCE(V)

CARROT CAKE
(V)

V - VEGETARIAN VE - VEGAN WG - WHOLEGRAINS

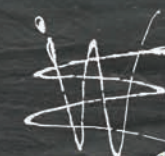
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