

Take our KS3 Screen Free Challenge. On 5th February aim for 10 of our screen free activities. **no laptop—no tablet—no phone—no console.** Do something different for your own wellbeing. Good luck!

Get a member of your household to take photos of you completing your challenges and share them with your teacher.

Write a Weather Report
 You must observe the conditions of the weather at the following times of the day at 9am, 11am, 1pm. Your report must reflect the changes of the conditions.



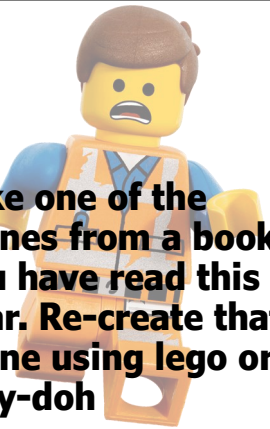
The Wind Turbine Challenge:
 To build a simple wind turbine that can lift a cup off the floor when powered by a hairdryer. You will need (for the model): Card, straws, paper, cotton reels, cocktail sticks, pencils, sticky tape, blu-tack, string, scissors

Play a board game



Produce a poster or a display of the first 20 elements of the periodic table

Take one of the scenes from a book you have read this year. Re-create that scene using lego or Play-doh



Get musical
 Do you play an instrument? Sing? Rap

Create a **mixed media self-portrait.** Use any materials you can find around your home.



Write a letter or a piece of writing to the author Floella Benjamin

Make a **3D model** of an item from space or the solar system.



On your daily exercise / walk, be on the lookout for an architecturally interesting building. Do an **Up Shot sketch** of the building with the sky.

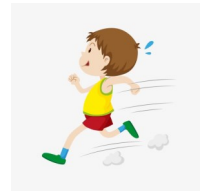
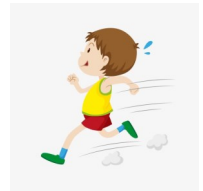


Try to think about the composition of the picture

How quickly can you solve a **Rubiks cube?** Time yourself.



Beat the Teacher Download the 'Map My Run by Underarmour' You can Run, Cycle or Walk 5km. PE Teachers will be sharing their efforts on Instagram @Ins_pedept. Share yours with us on your PE Google Classroom, or your tutors. Good Luck.



Make your own **picture book** based on one of the features of immigrant experience writing

Talk to someone in your family



You could interview them about their life, or find out what they learnt about when they were in school.

How many **blue plaques** can you find in your local area?

Tuesday, 16 February is Shrove Tuesday. It marks the start of the Christian period of Lent. You may know it as **Pancake Day!** Today's task is to practice your pancake



Get cooking!
 Make some tapas or hors d'oeuvres for your lunch.



Go on a elements **scavenger hunt**, for each element find a real life example e.g lithium find a battery sodium (salt)